Traccia di preghiera a cura delle 'Amiche di Sandra' con approvazione ecclesiastica, Diocesi di Rimini, 8 settembre 2021







# Day 1 Faith

– don Oreste Benzi –––

I had the impression that there was in those lines a glimpse of her deep and simple soul, contemplative and rational, immersed in her deep faith that left her free to express herself as a daughter towards God, who she loved as a father ".

Let us pray that our hearts may be converted and that the intentions which we entrust to this prayer be accepted: (indicate the intentions of the Novena)

We ask for the intercession of Blessed Sandra Sabattini, and we praise the Lord for her profound faith which left her free to express herself as a daughter to God, who she loved as her Father.

--- the Word -----

"If you had faith like a mustard seed you could say to this mulberry tree, 'Be uprooted and planted in the sea,' and it would obey you". (Luke 17:6)

— Blessed Sandra Sabattini —

"I say: I choose You, and that's it. For now I can only say this: I choose you. I believe that as time goes by my choice is consolidating. Now it is time to accept Christ totally and to change myself radically". (Diary, 26/2/78; written at the age of 17)

### **OUR FATHER**

Our Father, Who art in heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

#### HAIL MARY

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

----- commitment ----

Let us renew our faith by choosing to immediately take a concrete step towards conversion.

----- prayer -----

## Concluding prayer

Lord our God, enlighten our minds to recognize Your presence in our life, support our hearts so that we can live in holiness. Amen.

We thank You God, Father Son and Holy Spirit, for the gift of Blessed Sandra Sabattini to Your holy Church. Sandra welcomed deeply the joy of Your revelation and the maternal gaze of Mary; she recognized Your presence in the poor and the little ones; she shared her life with those whom you placed next to her, in humility and essentiality; She was constantly looking for You in prayer and contemplation and she let herself be quided with confidence by the action of the Holy Spirit; she enjoyed building fraternal relationships and love. Grant us, Father, through her intercession, according to Your will, the grace we implore... In Your Church, may Sandra be always an example of holiness, in the Communion of Your Saints, to carry out Your loving plan. Amen.







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# Day 3 Charity

– don Oreste Benzi ––––

"I had the impression that there was in those lines a glimpse of her deep and simple soul, contemplative and rational, immersed in her deep faith that left her free to express herself as a daughter towards God, who she loved as a father".

Let us pray that our hearts may be converted and that the intentions which we entrust to this prayer be accepted: (indicate the intentions of the Novena) We ask for the intercession of Blessed Sandra Sabattini, and we praise the Lord for her inspiring smile.

------ the Word ------

"Though I command languages both human and angelic – if I speak without love, I am no more than a gong booming or a cymbal clashing". (1 Corinthians 13:1)

- Blessed Sandra Sabattini —

"I am convinced, however, that truly the only thing that matters, the only important thing is to love. Sometimes I think: but what is the point of my being? What matters is to love, and not to ask for more. And those few times that it has happened that I should love, and do it really, selflessly, I have really felt peace; and if God is love, it can only be infinite peace in all senses". (Diary, 7/8/81; written at the age of 20)

### **OUR FATHER**

Our Father, Who art in heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

#### HAIL MARY

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

------ commitment -----

Let us bear witness to our charity by offering our welcoming smile to those who we meet every day.

- prayer -----

## Concluding prayer

Lord our God, enlighten our minds to recognize Your presence in our life, support our hearts to live a life of simple holiness following the example of Blessed Sandra Sabattini, strengthen our commitment to bring about the coming of Your Kingdom. Through Christ our Lord. Amen.

We thank You God, Father Son and Holy Spirit, for the gift of Blessed Sandra Sabattini to Your holy Church. Sandra welcomed deeply the joy of Your revelation and the maternal gaze of Mary; she recognized Your presence in the poor and the little ones; she shared her life with those whom you placed next to her, in humility and essentiality; She was constantly looking for You in prayer and contemplation and she let herself be quided with confidence by the action of the Holy Spirit; she enjoyed building fraternal relationships and love. Grant us, Father, through her intercession, according to Your will, the grace we implore... In Your Church, may Sandra be always an example of holiness, in the Communion of Your Saints, to carry out Your loving plan. Amen.







# Day 4 Prayer, Contemplation, Union with God

– don Oreste Benzi —

"She had a strong inner unity; the one which she lived in her intimacy with God, she expressed it in every sphere of life, with such simplicity as to go unnoticed, and with such intensity that it left an imprint".

Let us pray that our hearts may be converted and that the intentions which we entrust to this prayer be accepted: (indicate the intentions of the Novena) We ask for the intercession of Blessed Sandra Sabattini, and we praise the Lord for her fidelity in dedicating time to her relationship with God.

- the Word -----

"In the morning, long before dawn, he got up and left the house and went off to a lonely place and prayed there". (Mark 1:35)

- Blessed Sandra Sabattini ------

"It is not I who seek God, but God who seeks me. There is no need for me to look for who knows what arguments to get closer to God: words sooner or later end and then you realize that nothing remains but contemplation, adoration, and waiting for Him to help you understand what He wants from you". (Diary, 8/10/78; written at the age of 17)

#### **OUR FATHER**

Our Father, Who art in heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

#### HAIL MARY

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

----- commitment -----

Let us commit ourselves to dedicate time to experience silence in our hearts and thus create the necessary space for an encounter with God who dwells in us.

--- prayer -----

### Concluding prayer

Lord our God, enlighten our minds to recognize Your presence in our life, support our hearts to live a life of simple holiness following the example of Blessed Sandra Sabattini, strengthen our commitment to bring about the coming of Your Kingdom. Through Christ our Lord. Amen.

We thank You God, Father Son and Holy Spirit, for the gift of Blessed Sandra Sabattini to Your holy Church. Sandra welcomed deeply the joy of Your revelation and the maternal gaze of Mary; she recognized Your presence in the poor and the little ones; she shared her life with those whom you placed next to her, in humility and essentiality; She was constantly looking for You in prayer and contemplation and she let herself be quided with confidence by the action of the Holy Spirit; she enjoyed building fraternal relationships and love. Grant us, Father, through her intercession, according to Your will, the grace we implore... In Your Church, may Sandra be always an example of holiness, in the Communion of Your Saints, to carry out Your loving plan. Amen.







# Day 6 Sharing and a Sense of Justice

- don Oreste Benzi -----

"She loved the Community very much; in it she had discovered her vocation: to follow Jesus poor and servant, sharing in the life of the poorest".

Let us pray that our hearts may be converted and that the intentions which we entrust to this prayer be accepted: (indicate the intentions of the Novena)

We ask for the intercession of Blessed Sandra Sabattini, and we praise the Lord for her passion for sharing with the poorest and her profound sense of justice.

--- the Word -----

"Then the upright will say to him in reply, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? When did we see you a stranger and make you welcome, lacking clothes and clothe you? When did we find you sick or in prison and go to see you?' And the King will answer, 'In truth I tell you, in so far as you did this to one of the least of these brothers of mine, you did it to me". (Matthew 25:37-40)

- Blessed Sandra Sabattini -----

"II have not done anything special, but I have tried to do the little everyday things to my best ability. I have prayed a little more, and I have managed to be, albeit with many limitations, more available to the needs of others". (Diary, 15/10/78; written at the age of 17)

### **OUR FATHER**

Our Father, Who art in heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

#### HAIL MARY

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

----- commitment -----

Let us make our closeness felt by those who suffer.

----- prayer ----

## Concluding prayer

Lord our God, enlighten our minds to recognize Your presence in our life, support our hearts so that we can live in holiness. Amen.

We thank You God, Father Son and Holy Spirit, for the gift of Blessed Sandra Sabattini to Your holy Church. Sandra welcomed deeply the joy of Your revelation and the maternal gaze of Mary; she recognized Your presence in the poor and the little ones; she shared her life with those whom you placed next to her, in humility and essentiality; She was constantly looking for You in prayer and contemplation and she let herself be quided with confidence by the action of the Holy Spirit; she enjoyed building fraternal relationships and love. Grant us, Father, through her intercession, according to Your will, the grace we implore... In Your Church, may Sandra be always an example of holiness, in the Communion of Your Saints, to carry out Your loving plan. Amen.







# Day 7 Obedience

- don Oreste Benzi -----

"She had made her life available; she finalised her choice of studying Medicine after becoming certain that this was the vocation desired for her by the Lord, so that she could follow Him and share the life of the poorest".

Let us pray that our hearts may be converted and that the intentions which we entrust to this prayer be accepted: (indicate the intentions of the Novena)

We ask for the intercession of Blessed Sandra Sabattini, and we praise the Lord for her docility in conforming every step to God's will.

----- the Word -----

"You did not choose me, no, I chose you; and I commissioned you to go out and to bear fruit, fruit that will last; so that the Father will give you anything you ask him in my name". (John 15:16)

– Blessed Sandra Sabattini –

"Today I spoke with Don Nevio. I told him about the things that have lately matured in me. In conclusion we reiterated the importance of what the Lord has made me understand and to be attentive to the signs because He may tell you 'Let's go' when you least expect it". (Diary, 28/1/83; written at the age of 21)

### **OUR FATHER**

Our Father, Who art in heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

#### HAIL MARY

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

----- commitment -----

Let us pay attention to recognize the signs of the Lord's call in our daily life and in our relationships.

----- prayer -----

## Concluding prayer

Lord our God, enlighten our minds to recognize Your presence in our life, support our hearts so that we can live in holiness. Amen.

We thank You God, Father Son and Holy Spirit, for the gift of Blessed Sandra Sabattini to Your holy Church. Sandra welcomed deeply the joy of Your revelation and the maternal gaze of Mary; she recognized Your presence in the poor and the little ones; she shared her life with those whom you placed next to her, in humility and essentiality; She was constantly looking for You in prayer and contemplation and she let herself be quided with confidence by the action of the Holy Spirit; she enjoyed building fraternal relationships and love. Grant us, Father, through her intercession, according to Your will, the grace we implore... In Your Church, may Sandra be always an example of holiness, in the Communion of Your Saints, to carry out Your loving plan. Amen.







# Day 5 Praise be to God the Father and Creator

– don Oreste Benzi –––

"She lived contemplation intensely, not only in prayer, but starting from the amazement that creation aroused in her. She loved to contemplate creation... to penetrate into the mystery of infinity, weather before calm or stormy seas".

Let us pray that our hearts may be converted and that the intentions which we entrust to this prayer be accepted: (indicate the intentions of the Novena)

We ask for the intercession of Blessed Sandra Sabattini, and we praise the Lord for her contemplative attitude to the beauty of creation.

- the Word ----

"God saw that it was good. [...] Yahweh God shaped man from the soil of the ground and blew the breath of life into his nostrils, and man became a living being. [...] Yahweh God took the man and settled him in the garden of Eden to cultivate and take care of it". (Genesis 1:25; 2:7,15)

- Blessed Sandra Sabattini -----

" The more time passes, the more there grows in me the belief that without you nothing makes sense, nothing. I was walking along the seashore today and I felt strange, almost empty, apathetic: but it was just the evil of a moment. While once such moods lasted for whole days, now they do not last so long anymore, I cannot allow them to persist so long any more. If one just thinks 'Emmanuel, God is with us' then it makes no sense anymore for a crisis to exist". (Diary, 28/12/79; written at the age of 18)

#### OUR FATHER

Our Father, Who art in heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

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Hail, Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### GLORY BE

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

----- commitment -----

Every day let us perform acts of respect and care towards creation, which has been entrusted to our care.

– prayer ––––

## Concluding prayer

Lord our God, enlighten our minds to recognize Your presence in our life, support our hearts to live a life of simple holiness following the example of Blessed Sandra Sabattini, strengthen our commitment to bring about the coming of Your Kingdom. Through Christ our Lord. Amen.

We thank You God, Father Son and Holy Spirit, for the gift of Blessed Sandra Sabattini to Your holy Church. Sandra welcomed deeply the joy of Your revelation and the maternal gaze of Mary; she recognized Your presence in the poor and the little ones; she shared her life with those whom you placed next to her, in humility and essentiality; She was constantly looking for You in prayer and contemplation and she let herself be quided with confidence by the action of the Holy Spirit; she enjoyed building fraternal relationships and love. Grant us, Father, through her intercession, according to Your will, the grace we implore... In Your Church, may Sandra be always an example of holiness, in the Communion of Your Saints, to carry out Your loving plan. Amen.







# Day 8 Fraternity in friendship and engagement

don Oreste Benzi -----

"The vocation she lived characterized her relationship with Guido, they walked together; they were fiancés, but acted as if they were not, if measured by the criteria of world".

Let us pray that our hearts may be converted and that the intentions which we entrust to this prayer be accepted: (indicate the intentions of the Novena)

We ask for the intercession of Blessed Sandra Sabattini, and we praise the Lord for her purity in living her friendship and her engagement.

– the Word –

"In brotherly love let your feelings of deep affection for one another come to expression and regard others as more important than yourself". (Romans 12:10)

– Blessed Sandra Sabattini –----

"Help me to be honest and pure of heart with my brothers [...] and with Guido. [...] Help me to feel You close on the path that I am following. I am so small and dull, but I know that with You I can do great things". (Diary, 16/8/82; written at the age of 21)

### **OUR FATHER**

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### GLORY BE

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.

----- commitment

Let us be prepared to dialogue with a brother who is far from us .

----- prayer -----

## Concluding prayer

Lord our God, enlighten our minds to recognize Your presence in our life, support our hearts so that we can live in holiness. Amen.

We thank You God, Father Son and Holy Spirit, for the gift of Blessed Sandra Sabattini to Your holy Church. Sandra welcomed deeply the joy of Your revelation and the maternal gaze of Mary; she recognized Your presence in the poor and the little ones; she shared her life with those whom you placed next to her, in humility and essentiality; She was constantly looking for You in prayer and contemplation and she let herself be quided with confidence by the action of the Holy Spirit; she enjoyed building fraternal relationships and love. Grant us, Father, through her intercession, according to Your will, the grace we implore... In Your Church, may Sandra be always an example of holiness, in the Communion of Your Saints, to carry out Your loving plan. Amen.







# Day 9 On the way to Holiness

- don Oreste Benzi -----

"Sandra has reached the degree of holiness that God has foreseen for her. Twenty days before the fatal accident she dreamed of her death, her funeral and the tomb full of flowers".

Let us pray that our hearts may be converted and that the intentions which we entrust to this prayer be accepted: (indicate the intentions of the Novena)

We ask for the intercession of Blessed Sandra Sabattini, and we praise the Lord for her holiness.

– the Word –––

"For it is I, Yahweh, who am your God. You have been sanctified and have become holy because I am holy". (Leviticus 11:44)

----- Blessed Sandra Sabattini -----

"God does not allow anyone to go home with our task unfinished. We are fortunate. Every moment deserves to be lived, and if we were to die it would be worth it too to lose one's life. I will never cease to be amazed". (Diary, 27/2/78; written at the age of 17)

### **OUR FATHER**

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### GLORY BE

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----- commitment

Let us listen to the Lord by meditating on a passage from the Gospel .

----- prayer -----

## Concluding prayer

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